

A collection of colorful, stylized illustrations of people of various ages, ethnicities, and abilities engaged in different activities. Some are walking, some are skateboarding, one is riding a bicycle, and another is walking a dog. The people are dressed in casual, modern clothing. A large yellow circle is positioned in the upper right quadrant, containing the text 'Live the life you want'.

Live the life you want



**The
Support
People**

Registered NDIS Provider

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We understand how important it is to be able to get out and about, foster friendships with people with similar interests, pursue hobbies, stimulate creativity, and try new things. We can support you to participate in group activities or with 1:1 support. Everyone is different so the choice is yours!

Community Access

Support any day of the week to help you participate in community activities of your choice. This can be a 'one-off' occasion or on a continuous basis, and may include: going shopping, banking, visiting friends and family, attending medical appointments and community events.

Active Recreation

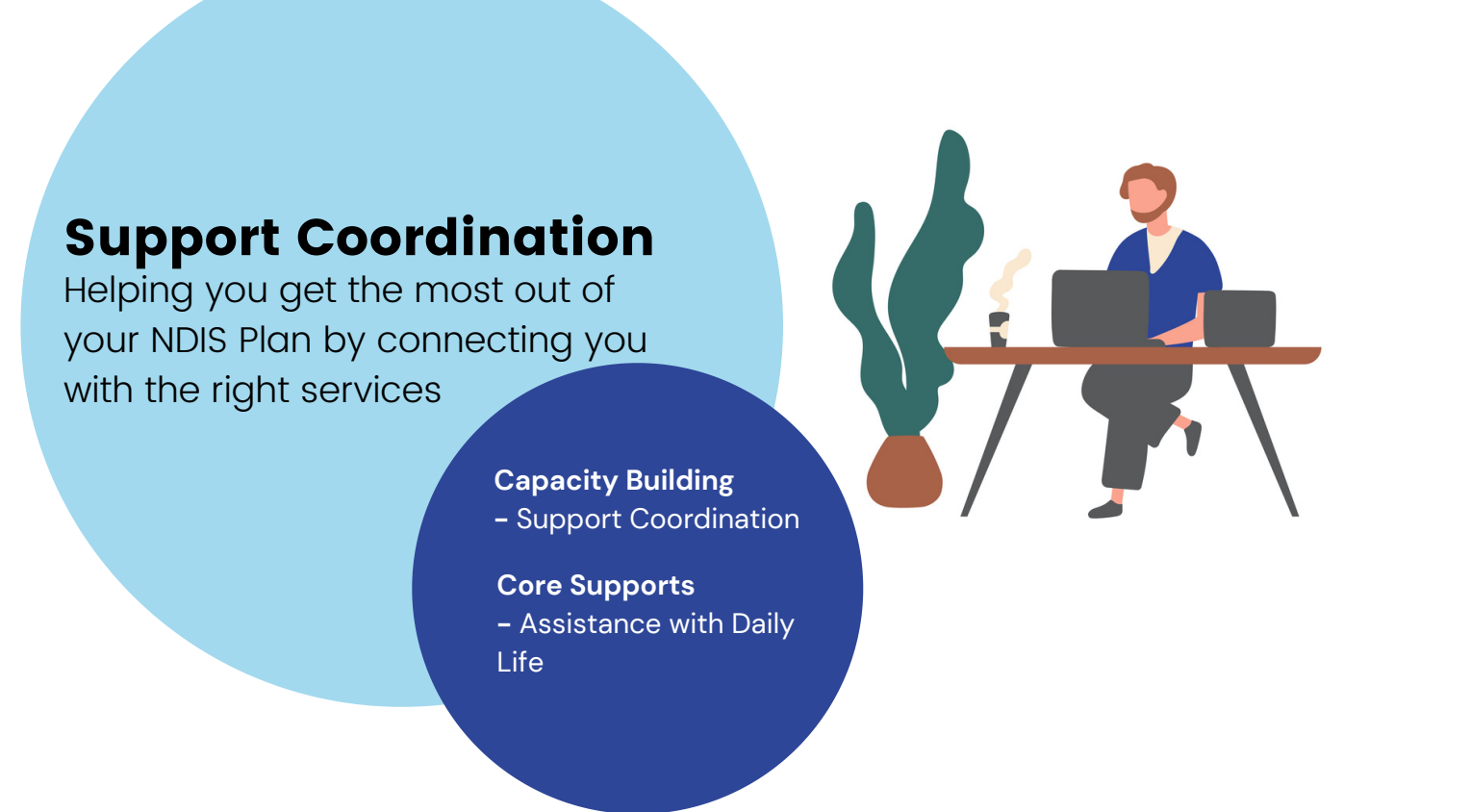
If you're looking to be more active, then come and try one of our sports or active recreational activities. We offer lawn bowls, dance classes, social tennis, fishing, swimming and more. Activities vary according to the season so there is always something new to try!

Group Activities

Our group activities program is stacked with fun things to do: baking, arts and craft, sweet decorating, lego group, music and dancing, board games, movie screenings, pet therapy, and personal pampering (haircuts, manicures and makeup).

Out and About

We understand the importance of getting out and about and socialising with like-minded people. Our bus trips are a fun-filled social activity. It could be a trip to Geelong for fish n' chips by the Bay, the local Saturday market, a scenic drive through Blackwood Forest and a picnic amongst the daffodils, or a day trip to Daylesford and the lavender farm. The destinations are always changing based on your feedback and interests.



We understand how important it is to find the best services to meet your needs. Our support coordinators help you to identify and find the services needed to reach your goals. We take the time and effort to understand what a meaningful life looks like for you, and where you want to go.

We will support you to:

- understand your NDIS plan
- understand what services are funded by the NDIS
- provide you with information about what services are available
- negotiate services and pricing to develop your budget that lasts the life of your plan
- empower you to assess and coordinate supports identified in your plan
- link you with your local community
- develop your capacity to confidently manage your NDIS plan over time.



Supported Independent Living

Helping you find and live in a place to call home

Core Supports
– Assistance with Daily Life

We will work with you to find a place to call home. We'll get to know you and look to find a place of your own, or housemates with similar interests. We will also support you with day-to-day tasks around the house like cleaning and laundry, cooking, grocery shopping and personal care.

Daily Living Skills

Helping you learn to live more independently

Core Supports –
Assistance with Daily Living

Capacity Building –
Improved Daily Living Skills

We believe you can learn new skills and develop existing skills with the right supports. By sharing jobs around the house, and using step-by-step methods, we can give you more independence. We can help you to learn daily living skills such as:

- personal care (e.g. bathing, dressing)
- washing and ironing clothes
- cooking meals
- going shopping
- travelling on public transport
- cleaning the house
- washing dishes
- looking after the garden
- money and budgeting





Home & Garden Maintenance

Helping you be more independent by supporting you with essential house or garden maintenance

Core Supports
– Household Tasks

We can take care of all your house and garden responsibilities such as small repairs, lawn mowing and gardening.



Life Skills Development

Helping you develop the skills you need to make the most out of life

Core Supports –
Assistance with Daily
Living

Capacity Building –
Improved Daily Living
Skills

Any skill that is useful in your life can be considered a life skill. Using a computer or cooking are, for most people, useful life skills. If you would like to learn a new skill, then our life skills program is for you! We provide training and development across a range of skills, including:

- Digital Technology – learn to use software on computers and Apps on phones or tablet devices.
- Literacy & Numeracy – develop or refresh your numeracy and reading skills with one of our teachers.
- Cook & Eat – follow recipes and create meals to eat.
- Transport & Travel – learn how to plan a journey, use the MYKI system for catching buses and trains, and how to organise a taxi. We can also help you obtain your learner's driving permit.
- Art – learn drawing and painting techniques in this fun and creative course.
- Music – learn a musical instrument at your own pace with the support of one of our music instructors.